

CROSSING BRIDGES

Therapeutic Riding Center

TESTIMONIALS

McKenna

McKenna lives to ride and rides to live. When Keni started at Crossing Bridges she was 90% non-verbal. She suffers from severe anxiety with behavior troubles and an inherited Advanced Age Bone growth disorder which causes severe pain. She continues to go through test after test at OHSU and Doernbecher's Hospital.

There are days Keni struggles to get her feelings and pain into words and can't be touched or talked to, but the minute the van hits the driveway to Crossing Bridges, or "the Barn" as she calls it, you can just see everything heavy melt off her. Her shoulders stop slumping and she smiles so big. Watching her soul be so relaxed and happy makes everything else seem so small and manageable.

She works so hard to learn everything and anything horse related while watching video after video about riding, breeds, and shows. Each and every horse and instructor there has spoken to her in a way no one or no animal ever has.



I don't know what I would do without Crossing Bridges, McKenna would not be the child she is today. They have taught her self-confidence and independence that has seeped out to her home and school life, making friends and not needing to close herself off all the time during family events.



I can never thank Crossing Bridges, and all the Staff enough for being there for McKenna and helping her find what was missing from her life... 100% pure horse love!

Amanda Pizer



TESTIMONIALS



Dylan

Our son Dylan was 8 years old when he started riding at Crossing Bridges. He has been riding for a little over a year now. He suffers from severe social anxiety, which has been difficult for him and our family. It's an invisible condition which makes it hard for some to understand.

When we were introduced to Miss Jennifer, she took him in with a calming understanding that I had never seen anyone give him before. The first few months were challenging to convince Dylan to ride, as transitions have proved difficult for him. We missed some weeks because of this, and Jennifer accepted our challenges with so much kindness.

Here we are, a year later!!!! He loves to ride, he loves Miss Jennifer and the rest of the staff, and he loves the horses. He used to be very quiet and nervous in public and at home, and would not connect with anyone new. It makes my heart happy to see how Jennifer has helped Dylan to come out of his shell, be more open minded to trying other new things, and being a happier human all around.

Thanks so much Crossing Bridges!!!!!!! We are blessed to be a part of your program.

Jenie A Gagnon



Cale

If you know us personally, you know our son has been wild and stubborn from day one. Kind, funny, and helpful—but **wild**. And opinionated. And in all senses of the word, a handful. When his father suggested getting him involved at Crossing Bridges TRC for equine therapy, I was on board, but skeptical. I didn't think anything would help us. After almost a year of equine therapy, an ADHD diagnosis we were unaware of prior to beginning at Crossing Bridges, and lots of tears along the way; I cannot be more grateful to Jennifer Clark and her staff for nurturing a love for horses we never knew existed in our boy.



These gentle giants have made themselves at home in his heart and simultaneously teach him a skill; caring for them and learning how to ride them. I love watching him learn something new but I equally love watching him master something he has been working on. Jennifer and her staff are skilled, knowledgeable, and they love what they do! Thank you a million times over for doing all you do for my boy, as well as so many others! You truly make a difference!

Jenna Gospodnetich

